



PARALYMPIC SPORTS ASSOCIATION

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The Paralympic Sports Association (PSA) is an organization dedicated to enhancing the social, physical and mental health of children and adults with a disability through adapted recreational and sporting activities. Come out and enjoy our summer camps that run all summer long! All camps (except #3) will be held at Grant MacEwan City Centre Campus (10700-104 Avenue) and cost \$100 or you have the option of working 2 Bingos to pay for the fee. Please call or email Suzanne Harrison to register at psasummercamp@parasports.net.

Camp #1: My Favorite Reality Show is... (13-18 yrs old) July 6-10 from 9 am - 4 pm

- Whether you love to sing, dance or solve team problems you will not be able to get enough of this “reality” camp and all the variety it has to offer

Camp #2: Super Heroes (6-12 yrs old [sports camp]) July 13-17 from 9 am - 4 pm

- Girls and boys both have heroes in their lives whether they are fictional characters or real people. In this camp we will play sports and dress up as if **we** are the super heroes and meet real live heroes along the way

Camp #3: Sledge Hockey Development Camp @ NAIT [11762-106 St.] (sledge hockey players only) July 20-24 from 9 am - 4 pm

- It seems like everyone wants to improve at their favorite sport. So if your favorite sport is sledge hockey you cannot miss this opportunity to hang out with your teammates and improve individually and together as a team

Camp #4: Under the Sea (13-18 yrs old [sports camp]) July 27-31 from 9 am - 4 pm

- If you like relay races, anything and everything to do with water, and inventive ways to be active you will especially enjoy participating in this camp

Camp #5: Red Carpet Party (adults) August 4-7 from 9 am - 4 pm

- Do you feel like you are in need of some pampering? Time for you to receive rock star

treatment! Come to our Red Carpet party and feel what it’s like to be treated like a movie star while you show off your talents and learn to dance like a celebrity

Camp #6: Things that Fly (6-12 yrs old [sports camp]) August 10-14 from 9 am - 4 pm

- If you look up and imagine yourself flying through the clouds then this is the camp for you! We will discover the secrets of aviation and what allows man -made objects to fly, explore flying creatures in nature and incorporate the idea of flying into every one of the sports we participate in

Camp #7: Survivors: Are You Ready? (13-18 yrs old [sports camp]) August 17-21 from 9 am - 4 pm

- You know what this means...be prepared to be worked hard, get dirty and of course have a crazy amount of fun! This team building environment will encourage cooperation and team games with a sprinkle of competition with wheel chair tennis, Laser Quest and Fear Factor

Camp #8: Circus Circus (11-18 yrs old) August 24-28 from 9 am - 4 pm

- Clowning around can occur at any age...so why not choose now? In this circus-themed camp we will try unique ways to be physically active while acting goofy, practicing joke telling and using your newly acquired talents in the talent show we will put on